Tips For Password Security

- Enable phishing-resistant multifactor authentication (MFA) whenever possible
- If you can, use a password manager and protect it with MFA and/or a long password/passphrase
- Use a password generator to create truly random passwords with a minimum of 12 characters
- If you must create a password, use a passphrase with a minimum of 20 characters
- Never share passwords between accounts
- Keep your passwords private – never share a password with anyone else
- Do not write down your passwords

How To Create A Strong, Complex Password

If you must create a password, here’s a way to make a strong password that’s difficult to crack:

USE ONE OF THESE TWO METHODS

1. Create passwords with at least 12 characters that are truly random, ideally using a password generator.

   EXAMPLE
   R#Yv&ZCAojrX
   ELvl2MibAb>RC?ru
   a!#+dHjvvLykiJhu

2. Think of a random phrase with at least 20 characters that is easy to remember.

   EXAMPLE
   I went to 7-11 earlier today.
   rogerjumpedoverthepurplefox
   2belivingtherockandrolllifeforever

Why This Matters

Traditional passwords can be cracked by hackers in less than a minute! Follow this guide for password best practices to create passwords that would take centuries to crack.

Get more tips like these and experience the industry-leading security awareness training firsthand with a free demo from KnowBe4.

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